

# 2026 LADY JETS VOLLEYBALL CAMP

## High School JULY 13-15

***PLEASE JOIN US TO IMPROVE SKILLS AND HAVE FUN!***

Current Grades 8-11



9:00-11:30 AM  
Gym

Each girl attending will be given a Jets t-shirt. The cost is **\$35 per camper** and will cover all three days. If interested, please fill out the **Parent Release Form** below and return it with cash/check.

If you have any questions, please call Coach J. Amundson: (402) 239-4359

### 2026 Sterling Lady Jets Volleyball Camp - Parent Release Form (Return by May 15th)

I, \_\_\_\_\_, understand that volleyball is a physical activity and there is risk  
Parent/Guardian Name  
involved with my daughter participating in the Sterling Jets Volleyball Camp. By signing this form, I agree not to hold Sterling Public Schools or anyone associated with the camp responsible for any injuries or damages incurred during her participation at the camp.

\_\_\_\_\_  
Player Name

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Date

Child's Current Grade: \_\_\_\_\_

Please circle one size:

**ADULT:**

Small

Medium

Large

X-Large

XX-Large

**YOUTH:**

Small

Medium

Large

Make checks for **\$35** payable to: **STERLING PUBLIC SCHOOLS (in the memo write: VB CAMP)**

Please return the bottom portion of the form and payment to the school by May 15th if you want a shirt. All camp proceeds will be returned to the volleyball program to help pay for warm-ups, gear, equipment, etc.

Thank you for all your support! -Coach Amundson